

Composite Restorative

Post Op Instructions

Today, you have had a tooth colored composite filling on one or more of your teeth. The following are some commonly asked questions that may arise following today's visit.

Your Bite

If your bite feels uneven after the anesthetic dissipates, please call our office. If your bite remains uneven for a long period of time, it may precipitate a sore tooth.

Chewing

There are no restrictions to chewing on your new composites; however, local anesthetic was used for the preparation, so please be careful when biting or talking so that you do not bite your lip, cheek or tongue. If possible, avoid chewing until the anesthetic dissipates.

After the Procedure

It is possible that you may experience some slight sensitivity to hot or cold temperatures following the appointment. If the sensitivity lasts longer than 7 days, contact our office. Your gum may be slightly tender for about 24-48 hours. We recommend that you rinse three times a day with warm salt-water rinses to reduce any form of moderate swelling that may have occurred. You may have a feeling of soreness or bruising around the area where the anesthetic was given. This should dissipate within 48 hours.