

# Implant Placement

## Post Op Instruction

- Bite down holding light pressure on the gauze placed at the end of your surgery. Do this for at least 40 minutes. Remove gauze and replace with new gauze for 40 minutes if needed. Repeat this as necessary. There should not be excessive bleeding. If you notice excess bleeding call our office immediately.
- A certain amount of bleeding, swelling, and pain is normal.
- Do not rinse or spit for a minimum of 24 hours. Do NOT brush the teeth in the area of surgery for 48 hours. Be gentle when brushing. If you were prescribed mouthwash, start using 24 hours after your surgery.
- Swelling can be somewhat controlled by the utilization of ice packs. Apply ice wrapped in a towel alternately, 20 minutes on, 20 minutes off, for 2 hours or more if possible. Bruising and discoloration is not unusual.
- SMOKING INCREASES THE RISK OF IMPLANT FAILURE.
- Avoid heavy work for 24 hours following surgery. Do not eat or drink for 2 hours after your surgery, then maintain adequate rest and nourishment.
  
- If you have a temporary flipper to wear do not place it until the numbness in the area is gone. When it is placed it should not touch the gums in the area of the surgery. If it does, have the doctor adjust the flipper as this can cause breakdown of the suture margins.
- A soft diet is recommended for the first 2-3 days.
- In order to avoid IMPLANT FAILURE, be sure to take medication prescribed by the doctor. Antibiotics are extremely important after implant placement.
- Follow up appointments are scheduled for 2 weeks after surgery. If you have any questions prior to your follow up appointment please call our office at 864-962-5522.